



thefamilycenter

VIRTUAL CENTER

Welcome to The Family Center!

Franklin County's newest resource for families with young children.

Music is a wonderful way to prepare your child's brain for the learning and development that happens in early childhood.

A Child's Brain on Music

**MUSICAL ACTIVITIES
STIMULATE DEVELOPMENT
IN EVERY AREA OF THE BRAIN**

- VISION
- BALANCE
- HEARING
- SPEECH
- BEHAVIOR
- SENSATION
- SKILL
- MOVEMENT
- EMOTION

kindeermusik

Music at Home Resources

Your child will benefit from experiencing a musical environment in your home.

Learn how [here!](#)



Building music into everyday routines can make a big difference in how your child responds!

[Read More...](#)



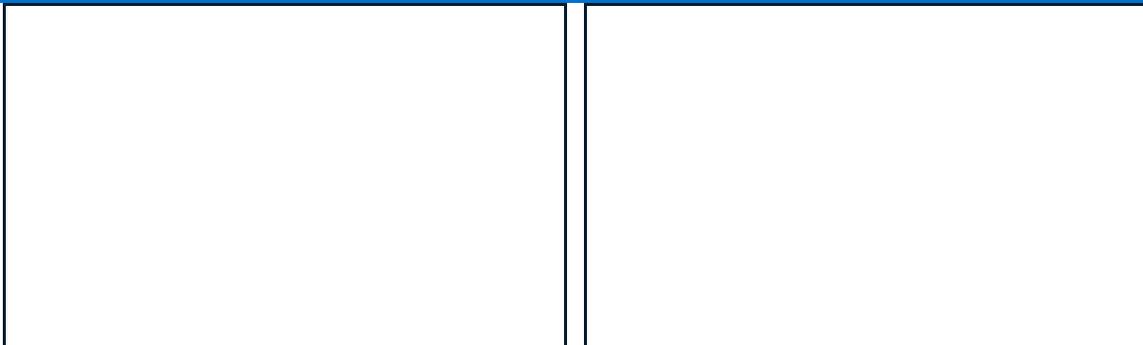
Did you tune into our newest Bedtime Adventure on Facebook?

This month's adventure was Music at Home. We hope you and your littles enjoyed spending some time with our friends at Cumberland Valley School of Music.

Calming music and stories are always a great way to wind down from the busy day and get ready for bed.

If you missed our adventure this month you can still see the videos on our [Facebook page](#). Check them out!

For some more music fun, check out these family friendly YouTube Channels





Kindermusik International
[https://www.youtube.com/user/ki
ndermusikrocks](https://www.youtube.com/user/ki
ndermusikrocks).



SuperSimpleSongs
[https://www.youtube.com/user/S
uperSimpleSongs](https://www.youtube.com/user/S
uperSimpleSongs)

We would love to hear from you about what you would like our next adventure to be!

What would you like our adventure to be for the month of April?

Community Adventures

Select

Art Adventures

Select

Cooking Adventures

Select

Winter Fun Activity



Whether you are doing virtual learning or on a snow day, this winter we are at home with our kiddos more than ever! One of the best inside activities for a range of ages from babies to school aged children is sensory bins. All you need is a container and some filler for children to sift through.

Some great filler ideas are shredded paper, paper tubes cut into rings, oats, cereal, snow or just water! You can add your small toys (This is great for all those kids meal toys that add up around the house!), measuring spoons and cups, or just stones and sticks you find outside and bring in. Babies and toddlers will use their sense of taste, as this is how they first begin to explore their world, so planning a taste-safe filler is must.

Preschoolers and school age children can use the bins to engage in pretend play or practice skills like sorting or counting.

Community Spotlight

Cumberland Valley School of Music (CVSM)



Cumberland Valley School of Music is a nonprofit community music school established in 1990. Our mission is to create a musical community where high-quality instruction and performance opportunities are available to all. We have lessons, classes, workshops, and camps for all ages, from newborn to seasoned citizen.

Through a variety of funding sources, we can provide low to no-cost experiences through community partnerships, including scholarships for First Start Partnership families and the Arts-Integrated Preschool at LifePoint Church.

Our newborn and toddler classes promote connection between children and grown-ups, as well as enjoyment of music activities. Participants sing, move, interact, and play age-appropriate instruments (sticks, shakers, etc.) while doing a variety of songs, poems, and spoken word games.

Our preschool and kindergarten classes help children be independent in their music experiences while introducing them to music concepts and symbols. Children continue to sing, move, interact, and play instruments, with a greater variety of instruments.

Our elementary and middle school age classes cover many topics, from singing to playing instruments, from acting to visual arts. Children can explore all their creative interests in a safe, supportive space.

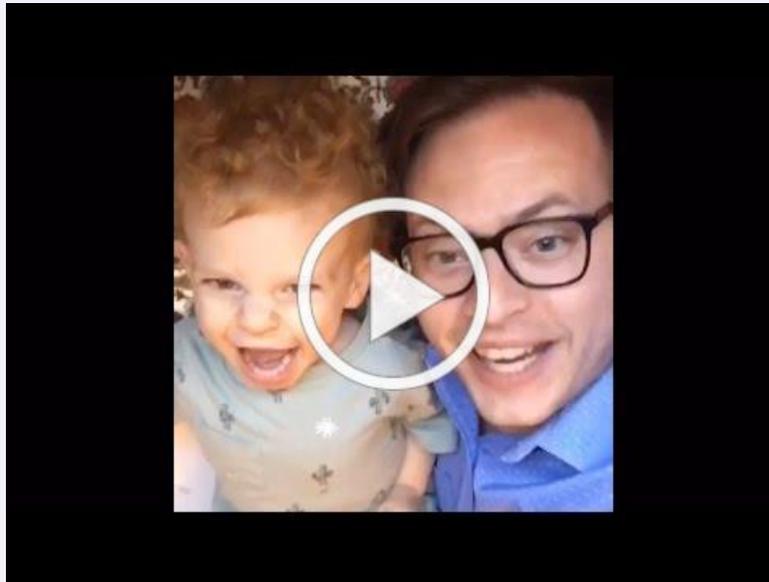
CVSM offers individual and partner lessons on almost all instruments and voice, from accordion to xylophone. For our partner lessons, it can be any two people who want to learn together: two siblings, two friends, a child and a grown-up, any version of partner!

Check out the current options on our website, cvsmusic.org, and follow us on [Facebook](#) and [Instagram](#)

Heather McEndree
CVSM Executive Director



Here is a fun video in partnership with zero to three and Artful Dad.



Resources



How would you like to have the support of an early childhood community at your fingertips?

Do you have a question about your child's development or behavior?
Do you need new ideas for things to do with your little one?
Are you struggling with an issue as a family?

Talk to us!

We have a whole community of childcare providers, early childhood teachers (infant through third grade), mental health staff, social workers, doctors and early intervention specialists ready to help. Send us any question, and we mean **ANY** question and we will get you answers. Each month we will feature a few of these questions to help all the other families in Franklin County too. You are not alone-let us be a part of your village!

Ask your
question



Love what you see? Want to share it with your friends and family?
When you submit a referral, your friend or family member will receive this
amazing newsletter in their inbox each month!

AND you will receive a gift from us for helping us spread the word!

[Submit a Referral Today!](#)

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